



Hosted by Dr. Chirag Shah MD, MPH  
& the HMS Financial Aid Office

## Financial Freedom Rx

Tuesdays starting September 28, 2021

8-9 pm via Zoom

Register in advance for this meeting:

<https://harvard.zoom.us/meeting/register/tJ0pceirqzMpE9etPdVxTytKLa-v-cJ0xxPV>

### September 28, 2021

- Why Financial Planning Matters
- Jobs and Contracts
- Initial Steps Post Graduation

### October 5, 2021

- Disability, Health, and Malpractice Insurance
- Student Loans and Retiring Debt

### October 12, 2021

- Tax-Advantaged Investing
- Taxable Investing

### October 26, 2021

- Diversification and Asset Allocation
- Life, Homeowners, and Umbrella Insurance
- Financial Advisors

### November 2, 2021

- Estate Planning
- Have I Won The Game?
- Retirement Distributions
- Pitfalls To Avoid

Join Chirag P. Shah, MD, MPH, for one of the most important (nomedical!) things you will learn in medical school: how to navigate your personal finance. Dr. Shah co-authored a book on personal finance for physicians, "Financial Freedom Rx: The Physician's Guide to Achieving Financial Independence," and lectures to young physicians across the country. He is a vitreoretinal surgeon at Ophthalmic Consultants of Boston, and the Co-Director of the Vitreoretinal Surgery Fellowship.

This five-lecture series will be on Tuesdays starting September 28, 2021, and will run through November 2, 2021 (there is no class on October 19). Please bring all of your financial questions for discussion.

BASED ON HIS BOOK "FINANCIAL FREEDOM RX: THE PHYSICIAN'S GUIDE TO ACHIEVING FINANCIAL INDEPENDENCE"