

### **OB/GYN CLERKSHIP LEARNING OBJECTIVES**

The clerkship is designed to provide an overview of the fundamentals of gynecologic and obstetric care, so that students will acquire the essential knowledge required to take care of women, no matter which specialty they enter in the future. Furthermore, it provides exposure to the subspecialty areas of maternal-fetal medicine, reproductive endocrinology and infertility, gynecologic oncology, family planning, and urogynecology. In accordance with the Association of Professors of Gynecology and Obstetrics (APGO) medical student guidelines, the students learn how to perform a complete ob/gyn medical history and a focused physical exam, while demonstrating empathetic and culturally sensitive care, and to formulate an assessment and plan and communicate in a well-organized presentation. The specific topics covered in this clerkship are adnexal mass, annual gyn care, bleeding in pregnancy, breast disease, congenital and inherited diseases, family planning, gyn malignancy, high-risk pregnancy, infertility, irregular vaginal bleeding, normal pregnancy, pelvic pain, ob/gyn infections, surgical skills and urogynecology. These topics were developed by the Harvard Medical School OBGYN clerkship committee across the multiple sites to ensure uniformity and they were based on the topic areas that are listed as essential elements of a medical student education by APGO.

#### **HISTORY TAKING: obtain accurate, efficient, appropriate, and thorough history.**

Specifically: chief complaint, present illness, menstrual history, obstetric history, gynecologic history, contraceptive history, sexual history, family history, social history.

#### **PHYSICAL EXAM: perform and interpret findings of a complete and organ-specific exam.**

Specifically: perform a comfortable ob/gyn examination as part of a general medical examination, including: breast exam; abdominal exam; pelvic exam; recto-vaginal exam.

#### **PROCEDURES: perform routine technical procedures.**

Specifically: collect a cervical cytological (pap) test, obtain specimens to detect sexually transmitted infections, bladder catheterization.

### **OB/GYN CLERKSHIP REQUIRED CLINICAL TOPICS**

| <b>Topic</b>                            | <b>Example</b>  |
|---|---|
| Abnormal Uterine Bleeding               | Menorrhagia, Fibroids, Endometrial Polyps, Anovulation, observe hysterectomy                                  |
| Acute Pelvic Pain                       | Ectopic pregnancy; ovarian cyst; torsion  |
| Bleeding in Pregnancy                   | 1st Trimester Bleeding (SAB vs. Ectopic), 3rd Trimester Bleeding (Previa or Abruption), Postpartum Hemorrhage |
| Chronic Pain Management/Substance Abuse | Chronic pelvic pain; endometriosis; dysmenorrhea; vulvar pain; substance abuse and opioid addiction           |
| Ectopic                                 | Ectopic pregnancy   |
| Family Planning                         | Contraception, Sterilization, Termination of Pregnancy  |
| Gyn Malignancy                          | Screening Methods, Abnormal Pap, Cervical Dysplasia/Cancer, Endometrial Cancer, Ovarian or Vulvar Cancer      |
| Hereditary Conditions,                  | Familial cancer syndromes; screening in pregnancy for birth defects and                                       |

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| Birth Defects, and Genetic Screening                 | genetic conditions   |
| High Risk Pregnancy                                  | Gestational hypertension/preeclampsia; gestational diabetes; multiple gestation; preterm labor; antepartum admission; congenital infections; placenta previa; placenta abruption           |
| Infertility  | Initial Evaluation &/or Treatment, Assisted Reproductive Technology  |
| Normal Pregnancy                                     | Vaginal delivery; Cesarean section; labor arrest disorders; fetal heart tracing interpretation; breastfeeding; Rx in pregnancy; routine prenatal care and screening labs; intrapartum care |
| Pelvic/GUI Infections                                | Vaginitis, BV, Yeast, STDs, PID, UTI, Pyelonephritis   |
| Screening breast disease and post partum breast care | Benign Breast Disease  |
| Surgical Skills                                      | Aseptic Technique, Foley Catheter Placement, Staple place/remove, Knot tying/Suturing, Wound Dressing  |
| Urogynecology  | Incontinence, Pelvic Organ Prolapse, Urodynamics   |
| Well Women's Care                                    | Pelvic/breast Exam; Pap screening; routine healthcare maintenance; menopause; sexuality/LGBTQ; intimate partner violence screening   |